

Love attracts Love



Golden Bowl Technique

A Sacred Ritual of Surrender and Manifestation

Beloved soul, this sacred practice connects you to the divine vibrations of creation, source energy that is the most powerful force in the universe. When you use the Golden Bowl, you are aligning with this divine flow, trusting in the universe's wisdom to bring healing, resolution and your highest good.

♥ Let this be a gentle, loving ritual, an act of surrender & faith in divine timing & divine support.

Step 1: Visualize the Golden Bowl

Close your eyes and see before you a radiant, shimmering Golden Bowl:
Feel its warm, divine energy, an embodiment of the universe's highest vibrations.

Breathe slowly and allow yourself to connect with this sacred symbol of divine power and creation.

Step 2: Place Your Problem into the Bowl

Bring to mind the issue, person, illness, or situation you wish to transform:

Gently place it into the golden bowl, visualize this clearly.

Surrender it completely, trusting that the universe and your guides will handle it with divine wisdom.

Know that this act is your loving invitation for divine support to resolve what needs healing on every level.

Step 3: Purify with Purple Mist

Imagine a beautiful, luminous purple mist beginning to swirl around you:

Visualize this mist flowing toward you, enveloping your entire being, removing all negative emotions, limiting thoughts and energies related to your problem.

See the mist as it collects and draws away these burdens, flowing into the golden bowl, carrying away all that no longer serves you.

Allow this process to continue until you feel a deep sense of peace, relaxation and clarity.

Step 4: Visualize Your Desired Outcome

Now, see your situation, person, or health exactly as you wish it to be:

Unfolding beautifully before your inner eye. Imagine it vibrant, alive and flowing with ease. Feel the joy, gratitude and positive energy radiating from this vision. This step is vital to anchor your intentions, sending love and powerful energy toward manifesting your highest good.

Final Step: Surrender with Love and Trust

Silently or aloud, say:

"I completely surrender. All that has taken place within this sacred act, I entrust to the highest good of all. Let it be done." (Pause and feel the truth of these words.)

